



Level 3 Online Understanding Mental Health (NSF)(OL)

Study Type

Online

Study Type Subcategory

National Skills Fund

Course Area

Health & Science

Course Duration

17 weeks.

Entry Requirements

You will need to have GCSE or equivalent in English and Maths at grade 4 (C) or above. This course is suitable for students aged 19 and over.

Course Information

This qualification is designed to increase learners' knowledge and understanding of mental health and mental wellbeing. Successful completion will allow the learner to develop an in-depth knowledge and understanding of mental health. It will also support progression into relevant employment within the health and social care sector.

The course consists of five mandatory units which cover the following:

- Understanding the context of mental health and wellbeing
- Promotion of mental health and wellbeing
- Mental health problems: associated issues and consequences
- Understanding mental ill health
- Working in mental health

Assessment

You will be assessed in a variety of ways including completion of written reports, case studies and presentations.

Considerations

Please note you can only study one online course at a time. Upon successful completion, you can then apply for a

new programme.

Progression

This qualification aims to provide you with a number of progression options, including higher level studies at university or college.